

# BDIYI Workshop

Teacher: Jill Johnson

Date: Sunday 17th June - 10am - 3.30pm

Venue Change: Victoria Hall, Saltaire, BD18 3JS



Jill has been teaching Iyengar yoga since 2007 and is qualified to Intermediate Senior 3 level. She enjoys nothing more than watching students improve and hearing about the impact yoga is having on the quality of people's lives.

While recognising the benefits of proper and regular yoga practice, Jill is a firm believer that classes should also be uplifting and above all, enjoyable. She continues to develop her teaching skills by regularly attending courses both in the UK and Europe. For many years she has been a student of Faeq and Corine Biria and in 2010, 2014 and 2016 studied at the Iyengar Institute in Pune, India.

As well as being a qualified teacher of all levels of yoga students, including therapy students, Jill currently holds the post of Chair of Iyengar Yoga (UK) Ltd. Before taking up yoga, Jill worked in nursing and medical law.



To book this event send your completed form and **cheque made out to BDIYI** to: Caroline Smith, 21 Colne Road, Trawden, Lancashire, BB8 8NX Tel: 01282 868637

*Please remember to send an SAE if you require a receipt.*

Name: .....

Address: .....

.....

.....

.....

Telephone: .....

Email: .....

### Tick the relevant box below to book the session:

Date	Time	Event	Members	Non-members
Sunday 17th June	10am - 3.30pm	J. Johnson	£20 <input type="checkbox"/>	£25 <input type="checkbox"/>

Please bring your own yoga equipment and any refreshments you may need.  
We will contact you to let you know if the event is sold out and destroy your cheque.

**www.bdiyi.org.uk**